

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Sep 1, 2023 thru Sep 1, 2023

EL CLASSROOM BREAKFAST #1

Generated on: 8/31/2023 5:57:54 PM

	Portion Size	Relmb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 09/01/2023																
EL CLASSROOM BREAKFA	Total	4950														
POP TARTS,WG Blueberry 2018	PKG. of (2 ea)	4950	360	0	360	6.00	3.60	200.0	1000	0.0	30	4.0	76.0	5.0	2.00	0.00
Juice, Orange,4oz. Hollan-2018	CARTONS	225	60	0	10	0.00	0.00	0.0	0	30.0	12	1.0	14.0	0.0	0.00	0.00
Juice, Orange,4oz. Hollan-2018	CARTONS	4950	60	0	10	0.00	0.00	0.0	0	30.0	12	1.0	14.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			533	3	506	6.00	4.28	456.1	1500	31.51	60	13.23	110.39	5.15	2.09	0.00
% of Calories											45.2%	9.9%	82.8%	8.7%	3.5%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			533	3	506	6.00	4.28	456.1	1500	31.51	60	13.23	110.39	5.15	2.09	0.00
											101.8%	9.9%	82.8%	8.7%	3.5%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target*	Miss Data	Shortfall*	Overage*	Error Messages (if any)*
Calories	533		350 - 500					
Cholesterol (mg)	3							
Sodium (mg)	506		540					
Fiber (g)	6.00							
Iron (mg)	4.28							
Calcium (mg)	456.1							
Vitamin A (IU)	1500							
Sugars (g)	60	45.23%						
Vitamin C (mg)	31.51							
Protein (g)	13.23	9.92%						
Carbohydrate (g)	110.39	82.79%						
Total Fat (g)	5.15	8.69%	<=30.00%					
Saturated Fat (g)	2.09	3.53%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

*Data comparisons are not available for one or two day selections

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Sep 4, 2023 thru Sep 8, 2023

EL CLASSROOM BREAKFAST #1

Generated on: 8/31/2023 5:58:08 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/04/2023																
EL CLASSROOM BREAKFA HOLIDAY	Total SERVING	1 1	0 0	0 0	0 0	0.00 0.00	0.00 0.00	0.0 0.0	0 0	0.0 0.00	0 0.0%	0.0 0.0%	0.0 0.0%	0.0 0.0%	0.00 0.0%	0.00 0.0%
Weighted Daily Average % of Calories			0 0	0 0	0 0	0.00 0.00	0.00 0.00	0.0 0.0	0 0	0.00 0.00	0 0.0%	0.00 0.0%	0.00 0.0%	0.00 0.0%	0.00 0.0%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 09/05/2023																
EL CLASSROOM BREAKFA BURRITO,Brkft.Bn&Ch-Wh-Gr-2 017	Total 1 EACH	100 100	177	20	264	3.90	0.76	186.3	168	0.0	0	9.92	18.12	7.3	3.54	0.00
Crisps, Apple-Strawberry '22	BAG	1	39	0	0	1.93	0.00	0.0	0	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG	100	39	0	0	1.93	0.00	0.0	0	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			337	35	415	5.85	0.77	538.8	673	2.40	21 25.1%	21.00 24.9%	44.06 52.3%	9.80 26.2%	5.04 13.5%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 09/06/2023																
EL CLASSROOM BREAKFA DOUBLE CHOC. BAR- 2017	Total 1 EACH	100 100	270	0	230	5.00	2.70	20.0	105	0.0	21	5.0	48.0	8.0	2.50	0.00
GRAPES,Fresh	serving	1	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
GRAPES,Fresh	serving	100	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			453	15	383	5.84	2.98	385.5	703	6.12	50 44.4%	16.67 14.7%	80.14 70.7%	10.82 21.5%	4.10 8.1%	*0.00 *0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Sep 4, 2023 thru Sep 8, 2023

EL CLASSROOM BREAKFAST #1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/07/2023																
EL CLASSROOM BREAKFA	Total	4950														
Sndwich Chx & Sausage 2020	serving	4950	159	26	312	1.40	1.10	110.0	110	0.0	2	9.7	16.0	6.4	2.60	0.00
BANANAS	1 EACH	225	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
BANANAS	1 EACH	4950	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			364	29	449	4.15	2.05	371.3	678	9.33	32	19.03	59.87	6.90	2.81	*0.00
% of Calories											35.7%	20.9%	65.9%	17.1%	6.9%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 09/08/2023																
EL CLASSROOM BREAKFA	Total	4950														
Cereal Bar, Trix 2019	Package	4950	150	0	100	3.00	1.80	250.0	100	1.2	9	2.0	30.0	3.0	0.50	0.00
Juice, Orange,4oz. Hollan-2018	CARTONS	225	60	0	10	0.00	0.00	0.0	0	30.0	12	1.0	14.0	0.0	0.00	0.00
Juice, Orange,4oz. Hollan-2018	CARTONS	4950	60	0	10	0.00	0.00	0.0	0	30.0	12	1.0	14.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			323	3	246	3.00	2.48	506.1	600	32.71	39	11.23	64.39	3.15	0.59	0.00
% of Calories											48.6%	13.9%	79.7%	8.8%	1.6%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			369	21	373	4.71	2.07	450.4	663	12.64	36	16.98	62.11	7.67	3.13	*0.00
											87.3%	18.4%	67.3%	18.7%	7.6%	*0.0%

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Sep 4, 2023 thru Sep 8, 2023

EL CLASSROOM BREAKFAST #1

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg)	Sodm (mg) Miss Data	Fiber (g) Shortfall	Iron (mg) Overage	Calcium (mg)	Vit-A (IU) Error Messages (if any)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	369		350 - 500	100%													
Cholesterol (mg)	21																
Sodium (mg)	373		540														
Fiber (g)	4.71																
Iron (mg)	2.07																
Calcium (mg)	450.4																
Vitamin A (IU)	663																
Sugars (g)	36	38.78%															
Vitamin C (mg)	12.64																
Protein (g)	16.98	18.39%															
Carbohydrate (g)	62.11	67.27%															
Total Fat (g)	7.67	18.69%	<=30.00%														
Saturated Fat (g)	3.13	7.64%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%				Missing											

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Sep 11, 2023 thru Sep 15, 2023

EL CLASSROOM BREAKFAST #1

Generated on: 8/31/2023 5:58:22 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/11/2023																
EL CLASSROOM BREAKFA	Total	100														
Pocket, Pizza Pepp '22	1 EACH	100	300	30	590	3.00	2.70	240.0	70	0.0	5	19.0	31.0	12.0	5.00	0.00
GRAPES,Fresh	serving	1	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
GRAPES,Fresh	serving	100	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			483	45	743	3.84	2.98	605.5	668	6.12	34	30.66	63.14	14.82	6.60	*0.00
% of Calories											28.4%	25.4%	52.2%	27.6%	12.3%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 09/12/2023																
EL CLASSROOM BREAKFA	Total	4950														
OATMEAL CHOC-CHIP BAR-2017	1 EACH	4950	290	20	240	3.00	1.80	20.0	0	0.0	22	5.0	47.0	9.0	3.00	0.00
BANANAS	1 EACH	225	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
BANANAS	1 EACH	4950	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			495	23	377	5.75	2.75	281.3	568	9.33	53	14.33	90.87	9.50	3.21	*0.00
% of Calories											42.6%	11.6%	73.5%	17.3%	5.8%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 09/13/2023																
EL CLASSROOM BREAKFA	Total	4950														
Waffles, Mini Maple 2017	pkg	4950	210	0	170	3.00	0.72	20.0	65	0.0	13	4.0	38.0	6.0	1.00	0.00
Juice, Orange,4oz. Hollan-2018	CARTONS	225	60	0	10	0.00	0.00	0.0	0	30.0	12	1.0	14.0	0.0	0.00	0.00
Juice, Orange,4oz. Hollan-2018	CARTONS	4950	60	0	10	0.00	0.00	0.0	0	30.0	12	1.0	14.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			383	3	316	3.00	1.40	276.1	565	31.51	43	13.23	72.39	6.15	1.09	0.00
% of Calories											45.2%	13.8%	75.5%	14.4%	2.6%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Sep 11, 2023 thru Sep 15, 2023

EL CLASSROOM BREAKFAST #1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/14/2023																
EL CLASSROOM BREAKFA	Total	100														
UBR - BRKFST CINN ROUND 2	1 EACH	100	260	0	190	3.00	2.70	80.0	0	0.0	14	5.0	38.0	10.0	2.50	0.00
020																
APPLES,Fresh sliced 2017	pkg. (3 oz)	1	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017	pkg. (3 oz)	100	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			433	15	341	6.03	2.89	442.6	555	189.65	37	16.08	66.32	12.50	4.00	0.00
% of Calories											34.5%	14.9%	61.3%	26.0%	8.3%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Fri - 09/15/2023																
EL CLASSROOM BREAKFA	Total	100														
Muffins, Banana-Buena Vista 22	1 ea	100	230	20	200	2.00	1.80	20.0	0	0.0	16	4.0	39.0	7.0	1.00	0.00
Craisins 2020	servings	1	187	0	2	3.45	0.32	6.1	0	0.12	39	0.04	49.92	0.83	0.06	*N/A*
Craisins 2020	servings	100	187	0	2	3.45	0.32	6.1	0	0.12	39	0.04	49.92	0.83	0.06	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			540	35	353	5.49	2.13	378.6	505	2.52	70	15.12	105.61	10.34	2.56	*0.00
% of Calories											51.9%	11.2%	78.3%	17.2%	4.3%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Weighted Average																
			467	24	426	4.82	2.43	396.8	572	47.83	47	17.88	79.67	10.66	3.49	*0.00
											91.6%	15.3%	68.3%	20.6%	6.7%	*0.0%

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Portion Values - Detailed

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Sep 11, 2023 thru Sep 15, 2023

EL CLASSROOM BREAKFAST #1

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	467		350 - 500	100%													
Cholesterol (mg)	24																
Sodium (mg)	426		540														
Fiber (g)	4.82																
Iron (mg)	2.43																
Calcium (mg)	396.8																
Vitamin A (IU)	572																
Sugars (g)	47	40.71%															
Vitamin C (mg)	47.83																
Protein (g)	17.88	15.33%															
Carbohydrate (g)	79.67	68.28%															
Total Fat (g)	10.66	20.56%	<=30.00%														
Saturated Fat (g)	3.49	6.73%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%				Missing											

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Portion Values - Detailed

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Sep 18, 2023 thru Sep 22, 2023

EL CLASSROOM BREAKFAST #1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/18/2023																
EL CLASSROOM BREAKFA	Total	4950														
Sndwch Pncke, Beef Sausage '22	serving	4950	192	16	309	2.06	2.24	27.6	0	0.08	4	10.75	26.34	4.95	1.35	0.00
Juice, Orange, 4oz. Hollan-2018	CARTONS	225	60	0	10	0.00	0.00	0.0	0	30.0	12	1.0	14.0	0.0	0.00	0.00
Juice, Orange, 4oz. Hollan-2018	CARTONS	4950	60	0	10	0.00	0.00	0.0	0	30.0	12	1.0	14.0	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			366	18	455	2.06	2.92	283.6	500	31.59	35	19.98	60.73	5.10	1.44	0.00
% of Calories											37.8%	21.8%	66.4%	12.6%	3.5%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 09/19/2023																
EL CLASSROOM BREAKFA	Total	4950														
FRENCH TOAST BAR-2018	1 EACH	4950	290	25	200	3.00	1.80	40.0	0	0.0	21	5.0	47.0	9.0	2.50	0.00
BANANAS	1 EACH	225	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
BANANAS	1 EACH	4950	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
MILK, 1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			495	28	337	5.75	2.75	301.3	568	9.33	52	14.33	90.87	9.50	2.71	*0.00
% of Calories											41.8%	11.6%	73.5%	17.3%	4.9%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 09/20/2023																
EL CLASSROOM BREAKFA	Total	4950														
Snack'n Waffles, Cinnamon	pkg	4950	250	44	290	2.00	1.44	30.0	0	0.0	15	6.0	37.0	9.0	4.00	0.00
Crisps, Apple-Strawberry '22	BAG	225	39	0	0	1.93	0.00	0.0	0	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG	4950	39	0	0	1.93	0.00	0.0	0	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			401	47	426	4.02	2.12	286.1	500	0.15	40	14.18	66.83	9.15	4.09	0.00
% of Calories											39.7%	14.1%	66.7%	20.5%	9.2%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Sep 18, 2023 thru Sep 22, 2023

EL CLASSROOM BREAKFAST #1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/21/2023																
EL CLASSROOM BREAKFA	Total	100														
Donut, Super Bakery '22	1 EACH	100	250	5	250	0.50	5.40	200.0	2000	30.0	15	5.0	29.0	11.0	3.00	0.00
GRAPES,Fresh	serving	1	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
GRAPES,Fresh	serving	100	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			433	20	403	1.34	5.68	565.5	2598	36.12	44	16.67	61.14	13.82	4.60	*0.00
% of Calories											40.9%	15.4%	56.4%	28.7%	9.6%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 09/22/2023																
EL CLASSROOM BREAKFA	Total	100														
BANA CHOC-CHUNKY MONKE	1 EACH	100	280	15	220	3.00	1.80	20.0	115	0.0	23	5.0	48.0	8.0	3.00	0.00
Y 2013																
APPLES,Fresh sliced 2017	pkg. (3 oz)	1	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017	pkg. (3 oz)	100	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			453	30	371	6.03	1.99	382.6	670	189.65	46	16.08	76.32	10.50	4.50	0.00
% of Calories											40.9%	14.2%	67.4%	20.9%	8.9%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			429	29	398	3.84	3.09	363.8	967	53.37	43	16.25	71.18	9.62	3.47	*0.00
											90.8%	15.1%	66.3%	20.2%	7.3%	*0.0%

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Rialto Unified School District

Sep 18, 2023 thru Sep 22, 2023

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg)	Sodm (mg) Miss Data	Fiber (g) Shortfall	Iron (mg)	Calcmm (mg) Overage	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	429		350 - 500	100%													
Cholesterol (mg)	29																
Sodium (mg)	398		540														
Fiber (g)	3.84																
Iron (mg)	3.09																
Calcium (mg)	363.8																
Vitamin A (IU)	967																
Sugars (g)	43	40.35%															
Vitamin C (mg)	53.37																
Protein (g)	16.25	15.13%															
Carbohydrate (g)	71.18	66.30%															
Total Fat (g)	9.62	20.15%	<=30.00%														
Saturated Fat (g)	3.47	7.27%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%				Missing											

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Sep 25, 2023 thru Sep 29, 2023

EL CLASSROOM BREAKFAST #1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/25/2023																
EL CLASSROOM BREAKFA	Total	100														
FRENCH TOAST Mini Berry '22	SERV	100	210	0	190	2.00	1.44	59.9	0	0.0	11	3.99	35.92	6.99	1.00	0.00
Craisins 2020	servings	1	187	0	2	3.45	0.32	6.1	0	0.12	39	0.04	49.92	0.83	0.06	*N/A*
Craisins 2020	servings	100	187	0	2	3.45	0.32	6.1	0	0.12	39	0.04	49.92	0.83	0.06	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			519	15	343	5.49	1.77	418.5	505	2.52	65	15.11	102.54	10.32	2.56	*0.00
% of Calories											50.0%	11.6%	79.0%	17.9%	4.4%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 09/26/2023																
EL CLASSROOM BREAKFA	Total	100														
Muffins, Blue-Buena Vista 22	1 ea	100	230	25	240	2.00	1.80	20.0	0	0.0	17	4.0	39.0	7.0	1.00	0.00
APPLES,Fresh sliced 2017	pkg. (3 oz)	1	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017	pkg. (3 oz)	100	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			403	40	391	5.03	1.99	382.6	555	189.65	40	15.08	67.32	9.50	2.50	0.00
% of Calories											40.0%	15.0%	66.9%	21.2%	5.6%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 09/27/2023																
EL CLASSROOM BREAKFA	Total	100														
Pancakes, Confetti Bites 2022	pkg	100	210	10	210	4.00	3.60	20.0	1000	0.0	11	4.0	36.0	7.0	1.00	0.00
GRAPES,Fresh	serving	1	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
GRAPES,Fresh	serving	100	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			393	25	363	4.84	3.88	385.5	1598	6.12	40	15.67	68.14	9.82	2.60	*0.00
% of Calories											41.0%	15.9%	69.3%	22.5%	6.0%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Sep 25, 2023 thru Sep 29, 2023

EL CLASSROOM BREAKFAST #1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/28/2023																
EL CLASSROOM BREAKFA	Total	4950														
Bar, Benefit Apple Cinn '22	1 EACH	4950	290	15	240	3.00	1.80	20.0	0	0.0	22	5.0	48.0	9.0	3.00	0.00
BANANAS	1 EACH	225	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
BANANAS	1 EACH	4950	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
MILK, 1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			495	18	377	5.75	2.75	281.3	568	9.33	53	14.33	91.87	9.50	3.21	*0.00
% of Calories											42.6%	11.6%	74.3%	17.3%	5.8%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 09/29/2023																
EL CLASSROOM BREAKFA	Total	4950														
POP TARTS,WG Blueberry 2018	PKG. of (2 ea)	4950	360	0	360	6.00	3.60	200.0	1000	0.0	30	4.0	76.0	5.0	2.00	0.00
Juice, Orange, 4oz. Hollan-2018	CARTONS	225	60	0	10	0.00	0.00	0.0	0	30.0	12	1.0	14.0	0.0	0.00	0.00
Juice, Orange, 4oz. Hollan-2018	CARTONS	4950	60	0	10	0.00	0.00	0.0	0	30.0	12	1.0	14.0	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			533	3	506	6.00	4.28	456.1	1500	31.51	60	13.23	110.39	5.15	2.09	0.00
% of Calories											45.2%	9.9%	82.8%	8.7%	3.5%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			469	20	396	5.42	2.93	384.8	945	47.83	52	14.68	88.05	8.86	2.59	*0.00
											99.3%	12.5%	75.2%	17.0%	5.0%	*0.0%

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 3

Sep 25, 2023 thru Sep 29, 2023

EL CLASSROOM BREAKFAST #1

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	469		350 - 500	100%													
Cholesterol (mg)	20																
Sodium (mg)	396		540														
Fiber (g)	5.42																
Iron (mg)	2.93																
Calcium (mg)	384.8																
Vitamin A (IU)	945																
Sugars (g)	52	44.13%															
Vitamin C (mg)	47.83																
Protein (g)	14.68	12.53%															
Carbohydrate (g)	88.05	75.16%															
Total Fat (g)	8.86	17.02%	<=30.00%														
Saturated Fat (g)	2.59	4.98%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%				Missing											

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